

# Sample Checklist for Parents or Designee\*

1. Find someone to care for your children.
2. Fill out "Power of Attorney" form for that caregiver. This will not give the caregiver more power than you. It will give the caregiver equal power so that the caregiver can sign for medical care, school events etc. This power of attorney only lasts as long as you decide.
3. Make sure the school counselor or principal knows what is going on. Even if you are going to be in jail for a short time, the school needs to know who to call if your child is hurt or sick. Give a copy of the power of attorney to the school counselor or principal.

*\*Please note that this checklist was designed for use in the Adrian, MI, area. Adjustments may need to be made for use in other areas.*

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4. Make sure your children have the address of the jail so they can write you. You might want to provide them with addressed envelopes with stamps. The jail address is:
5. If you want your children to visit you in jail, make these arrangements ahead of time. The adults who may be taking your children to visit you need to also be on your visiting list. Children can not visit you without an adult.
6. If you have insurance cards for your children, leave them with your children's caregiver while you are in jail.
7. Leave this packet of information with your child's caregiver.

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